

TOTAL RESIDENCES	209
Independent Living	123
Assisted Living	38
Memory Care	18
Rehabilitation & Skilled Nursing	30
Contract Type	Rental

A PLACE FOR YOU

An intimate, friendly senior environment with 24-hour staffing in our **INDEPENDENT LIVING, ASSISTED LIVING, MEMORY CARE AND REHABILITATION & SKILLED NURSING NEIGHBORHOODS.**

Shared spaces that are reminiscent of a **COUNTRY INN** featuring beautifully landscaped outdoor courtyards, well-stocked library, computer center, wellness center, creative arts studio, Coffee Bistro in addition to a full-service beauty salon and barber shop.

Rest easy knowing The Fountains at The Albemarle is a rental community that offers **ASSISTED LIVING, MEMORY CARE** and **REHABILITATION & SKILLED NURSING**, so our residents always get the attention they need even as their needs change.

AN OPTION FOR EVERY APPETITE

A daily culinary celebration where the food and service are matched by the friendly conversation with residents in our elegant dining room.

A FULL LIFE

Stay active in current interests and discover new ones with dozens of monthly classes, concerts, outings and events, including **WATERMARK UNIVERSITY** mind and body fitness classes.

Treat yourself in our full-service **BEAUTY SALON AND BARBER SHOP.**

LET US DO THE WORK

Enjoy your home knowing that **WE TAKE CARE OF EVERYTHING.** From security to maintenance to housekeeping, our staff is at your beck and call 24 hours per day.

Watch the flowers bloom knowing that you don't have to lift a finger. Our landscapers keep all 20 acres in pristine order.

Make your **MOVE STRESS-FREE** with our move-in coordination program.

JUST THE FACTS



INDEPENDENT LIVING AT THE TOWN CENTER

Modern kitchenette with frost-free refrigerator, electric oven and range

Ample closet space

Bath with safety grab bars

Complimentary continental breakfast and your choice of lunch or dinner prepared to order daily

Bi-weekly housekeeping services

Caring, trained staff available 24 hours per day

Scheduled local transportation services

All utilities except phone service

24-hour maintenance services

Dynamic calendar of classes, activities and outings including Watermark University classes

Guest accommodations

Resident call system

Move-in coordination

ASSISTED LIVING AT THE INN

Bright, cheerful apartments

Three delicious and healthy meals prepared daily

Housekeeping and laundry services

Caring, trained staff available 24 hours per day

Scheduled local transportation services

All utilities except phone service

24-hour maintenance services

Dynamic calendar of classes, activities and outings including Watermark University classes

Variety of senior health and wellness programs

Resident call system

Move-in coordination



MEMORY CARE AT THE GARDENS

Beautiful, sunny and secure outdoor courtyard
Daily housekeeping and trash removal
Weekly personal laundry, linen and towel services
Complete apartment maintenance
All utilities except phone service
24-hour staffing with specially trained memory care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)
Three nutritious, well-balanced family style meals where families and friends are welcome
Healthy and delicious snacks available at all times
Personal pantry program for each residents' favorite foods
Dynamic calendar of classes, activities and outings including Watermark University classes designed for residents with memory care needs
Structured and spontaneous activities specifically tailored to each resident
Extraordinary outings that you would never expect in a memory care community
Homelike environment with resident photographs, keepsakes and family histories
Family communications center
Ongoing communication with primary care physician, other healthcare professionals and family members
Move-in coordination

REHABILITATION & SKILLED NURSING AT THE SPRINGS

Three restaurant style meals prepared daily
Personal ambassador program
Private and semiprivate suites
State-of-the-art rehabilitation equipment featuring NuStep
Flat screen televisions
Service plans customized to your needs
24-hour staffing
Health care management and monitoring with physician and dietitian oversight
Wireless urgent call system
Diverse wellness programs including Watermark University classes
Scheduled local transportation services
On-site physical, occupational, speech and pulmonary therapies
Medical Director on staff

SERVICES

Dynamic calendar of activities, outings and Watermark University classes
On-site Independent Living, Assisted Living, Memory Care and Rehabilitation & Skilled Nursing
Delicious and healthy meals prepared by our culinary team
Room service
Caring, trained staff available 24 hours per day
Salon and barber services
Housekeeping services
Complete apartment maintenance services including plumbing and major appliances
Building maintenance, groundskeeping and landscaping services
All utilities except phone service
Scheduled local transportation services
Move-in coordination service
Preventative health screenings
Access to a variety of health services in our Wellness Center

AMENITIES

Close to Tarboro's historic Main Street
Elegant dining room with reception lounge
Social room for coffee, cards and entertaining
Well-stocked library
Full-service beauty salon and barber shop
Computer Center with internet access
Creative arts studio
Fitness room
Wellness Center
Coffee Bistro stocked with fresh fruit, pastries and beverages
Non-denominational chapel
Mail room with individual boxes
Courtyard gardens
Indoor and outdoor gardening areas
Beautiful patios in landscaped area
Furnished guest apartments
Resident call system



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